

Progress Report

Welcome to this edition of the PERFECTED Newsletter. We are now 31 months into the project (over half-way), and things are progressing well.

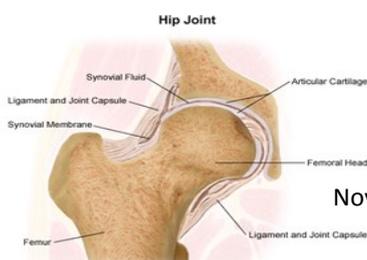
Work Package 1: Carer and patient recruitment has now stopped. Overall we have interviewed 14 carers and 10 patients — many thanks to all for their efforts. Work Package 1 is now complete.

Work Package 2: The third cycle (of three) of the action research is ongoing and implementation of the PERFECT-ER checklist is progressing well at all three sites. The final checklist review will be completed by June 2016.

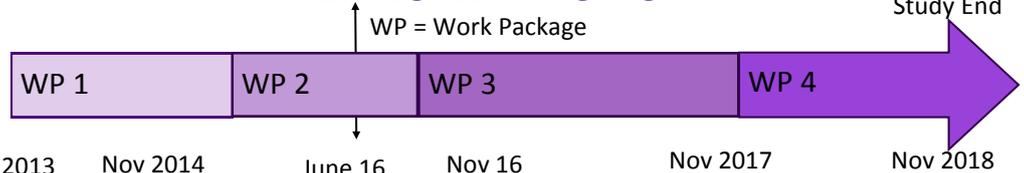
Work Package 3: Research Ethics Committee (REC) meetings were held in London on 25th April (England) and Edinburgh on 25th May (Scotland). The result was that very few (and minor) changes were required by the two RECs and the Health Research Authority to enable full acceptance. Thanks to all those involved in creating, writing and reviewing the protocol and associated documents.

Biomarkers Study: Professor Fox is leading the bid for a supplementary (international) Trial, to study the hypothesis that greater CNS inflammation after hip fracture is linked with worse acute brain injury and increased acceleration of cognitive decline.

The team is saying “goodbye” and “thank you” to Dr. Nigel Lambert, Senior Research Associate in Qualitative Methods based in the School of Rehabilitation Sciences, UEA. Nigel has a wide range of experience in both biological and social sciences and has been involved in various qualitative studies primarily in the health and medical sector. Nigel is leaving to pursue other interests, and will be sorely missed by the entire PERFECTED Project. In particular Nigel’s work with Public and Patient Involvement (PPI) has been greatly appreciated and indeed integral to ensuring this important aspect is kept central to the entire programme. We would like to wish Nigel well in his future endeavours and are pleased he will continue to be involved with the team as an Honorary Fellow.



PERFECTED Timeline



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Spotlight on Service Improvement Leads (SILs)

Work package 2 is led by Dr. Jane Cross (right), Senior Lecturer in Physiotherapy at the School of Rehabilitation Sciences, UEA. Jane has expertise in study design, rehabilitation, education and development, trials and qualitative research.



Three Service Improvement Leads (SILs) are implementing this work package in the NHS. They are (left to right) Kelly Goffin (James Paget Hospital Norfolk); Emily Mulvaney (Queen's Medical Centre, Nottingham); Emma Probitts (Huddersfield Royal Infirmary).

Here's what they say about the PERFECTED process:

Kelly— "For the past 10 years I have been a Theatre Nurse within the Emergency and Trauma Specialities. I have always had a special interest in trauma as well as research and was especially excited to be able to contribute to improving care for patients with a fractured neck of femur and dementia with an evidence base behind it. I am proud of everything we have managed to achieve here"

Emily— "I've been a qualified nurse for 10 years this September. I have been in Trauma and Orthopaedics for 9 years now and have had 5 as a deputy sister. Doing the (SIL) role has allowed me the time to make improvements to our service and led to me working more with a the other ward teams to improve care for all our patients, specifically those living with dementia. It's been a very enjoyable experience."

Emma— "I have been an orthopaedic nurse since 2008. PERFECTED is a fantastic opportunity for me and my ward to improve dementia patients with hip fracture care. Throughout the last six months we have worked together to facilitate change to benefit this group of patients. The whole team has been responsive and supportive and want to continue to optimise vulnerable patients' stay in hospital."

And welcome to:

Mairead Beharie, Sharon Budd, Tracy Gordon, Bobbi Graham, Kerry Hicks, Linda Murphy, Christine Rorke and Chris Smalley who will be joining the PERFECTED Programme as Service Implementation Leads for Work Package 3 (The Clinical Trial). More SILs are being recruited, and will be highlighted in a future Newsletter.

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