

## Progress Report .....

Winter 2016 is a particularly busy period for PERFECTED, with critical events occurring simultaneously in three work packages.

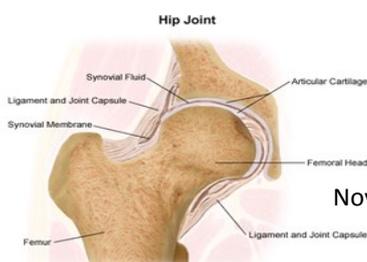
**Work Package 1:** Final interviews with patients/carers are being wrapped up. Despite increasing the number of sites, and the best efforts of our recruiting teams, recruitment has been slower than anticipated.

**Work Package 2:** The checklist (PERFECT-ER) is an integrated care-bundle (as informed by Work Package 1 data) and is being refined in three trauma wards. The recruited Service Improvement Leads (SILs) are championing PERFECT-ER on their wards in a 3-Cycle “Plan Do Study Act” approach. As we currently head to Cycle 2, the SILs and ward staff are doing a fantastic job of implementing and honing the PERFECT-ER care bundle.

**Work Package 3:** A draft protocol for this phase (which involves a pilot trial based upon the virtues of PERFECT-ER) has been produced and circulated to PERFECTED stakeholders for comments and refinement before being sent for ethical review in the spring.

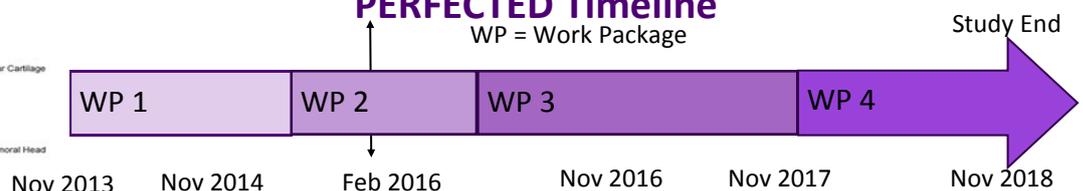


The team is saying “goodbye” and “thank you” to Natasha Reed. For 8 months Natasha worked with the PERFECTED team as a Research Assistant. During this time, she gained invaluable experience in qualitative research methods. Over the summer Natasha also provided administrative cover for the position of Clinical Trial Assistant, which was a fantastic learning experience. Natasha hopes to continue working as a researcher in Psychology, and ultimately to apply for a Clinical Doctorate. We wish Natasha all the very best for the future!



### PERFECTED Timeline

WP = Work Package



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### Showcasing recent PPI Activity.....

Regular newsletter readers will know that Public / Patient Involvement (PPI) is a cornerstone of PERFECTED. We have established groups of PPI members in Norfolk, Nottingham and Yorkshire whose contribution to the research has been greatly appreciated. Their input has been typified in recent weeks by a diverse array of research activities, across three work packages, that we would like to highlight:

- PPI members have assisted UEA researchers in interviewing carers as part of Work Package 1 (WP1). The PPI members have brought a unique and enriching perspective to the interviews and have frequently created supportive bonds with the interviewed carers.
- For WP2 the SILs are involving our PPI members as a resource to improve the PERFECT-ER care bundle. For example, they are ensuring that novel communication practices are relevant and appropriate for both patients and carers.
- Finally, PPI members are also helping to shape the protocol and documentation for the WP3 submission. One member has volunteered to test out the many questionnaires proposed as outcome measures, and to feedback on their applicability. In early February, our PPI members will meet at UEA to provide advice on the protocol which covers the pilot trial (the defining feature of the entire PERFECTED project).

**Team Introductions-** This month we learn more about **Dr Namal Weerasuriya**, a PERFECTED Process Lead. Namal has been a consultant in Orthogeriatric Medicine & Health Care of Older People at the Nottingham University Hospitals since January 2010. He is a lead clinician in hip orthogeriatrics and the Medicines Champion for Trauma and Orthopaedics. He graduated and completed post graduate training in medicine at the University of Colombo Sri Lanka. He subsequently completed the registrar training rotation in general and geriatric medicine in the East Midlands UK. Much of his time at work is taken up with clinical medicine. Current interests include mindfulness and being in the present moment. A publication he is proud of: Improving Outcomes for Patients with Proximal Femoral Fractures. *Nursing Management (Harrow)*, 2014 (Sep 25), 21(6),18-23.



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