

newsletter

“I have an ERP dream...” Professor Chris Fox

Five members of the PERFECTED team attended the Annual European Delirium Association (EDA) Conference on 3rd - 4th September 2015 in London. The team demonstrated their broad awareness of cognitive impairments through presenting a stimulating workshop based on the work completed in Work Package 1.

In one section of the workshop, Dr Nigel Lambert presented findings from the focus groups and interviews with health professionals and commissioners. Messages from this section included:

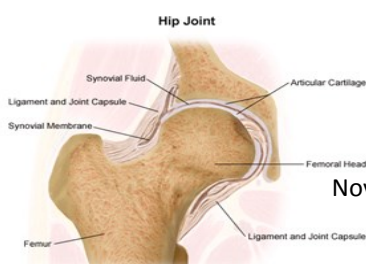
“Don’t let Delirium’s better known cousin Dementia overshadow him on the ward” and

“Missed opportunity for skill sharing across Trauma & specialist dementia wards”.



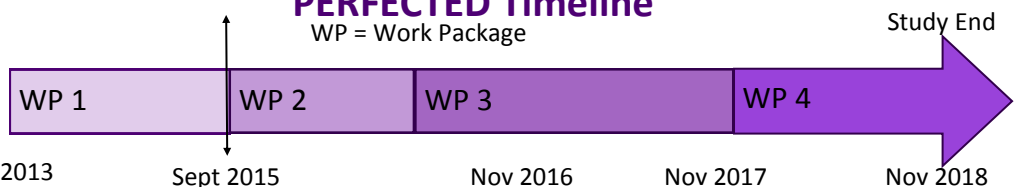
Alzheimer’s Society Conference

On 29th - 30th June, Dr Tamara Backhouse attended the Alzheimer’s Society Research Conference in Manchester. She presented a “PERFECTED poster” outlining some of the initial findings from the ethnographic observations of usual care in acute hospital wards. Tamara reflects “I thoroughly enjoyed the conference; it was informative and thought-provoking”.



PERFECTED Timeline

WP = Work Package



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newsletter

Progress: This is a hectic time for the PERFECTED Programme.

Work Package 1: The final data collection (interviews with patients and carers) is ongoing. Analysis of the focus groups and interviews with health professionals and commissioners are well underway.

Work Package 2: The initial Enhanced Recovery Pathway (ERP) is nearly constructed and we are looking forward to implementing Professor Fox's "ERP dream". Work Package 2 has an Action Research design and is due to start shortly. The ERP will be tried out in ward environments; it will then go through a process of development and refinement. The Service Improvement Leads (Emma Probitts, Emily Mulvaney, Kelly Goffin) have been appointed. We welcome them to the PERFECTED team and we very much look forward to working with them. Their induction takes place in late September.

Work Package 3: The protocol for this phase is under development.



Team Introductions- This month we learn more about **Dr Toby Smith** co-applicant on PERFECTED

Lecturer in Physiotherapy and the University of East Anglia, UK. Toby's clinical and research interests are predominantly based around the rehabilitation of people with lower limb (hip and knee) orthopaedic disorders, and the surgical management of these populations. His PhD was on the assessment and management of people following first-time patellar dislocation. Current research areas include the rehabilitation of people following hip fracture surgery and the assessment and management of musculoskeletal diseases in older people, particularly in community settings. Toby has a particular focus on randomised controlled trials of complex interventions and research synthesis and the implementation of research into clinical practice.

Given this, Toby doesn't have much time out of work, but when he does, he enjoys running, cooking and is trying to learn the violin (unsuccessfully).

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