

PERFECTED Programme Steering Committee (PSC) and Programme Advisory Group (PAG) Meeting

The first PERFECTED Programme Steering Committee and Programme Advisory Group Meetings took place together on 17th September at UEA London. This joint meeting to launch the two groups was a highly productive event for the PERFECTED Programme. Five Patient and Public Involvement (PPI) members attended and a videographer was present recording clips on what it was like to be a PPI member on a large programme of research. These clips, called Talking Heads, will be uploaded onto the PERFECTED YouTube channel in due course.

Before the meeting, in his role as Chair of the PSC, Professor Cameron Swift visited UEA on 29th August to meet and greet the PERFECTED Team and find out more about the PERFECTED programme of research.

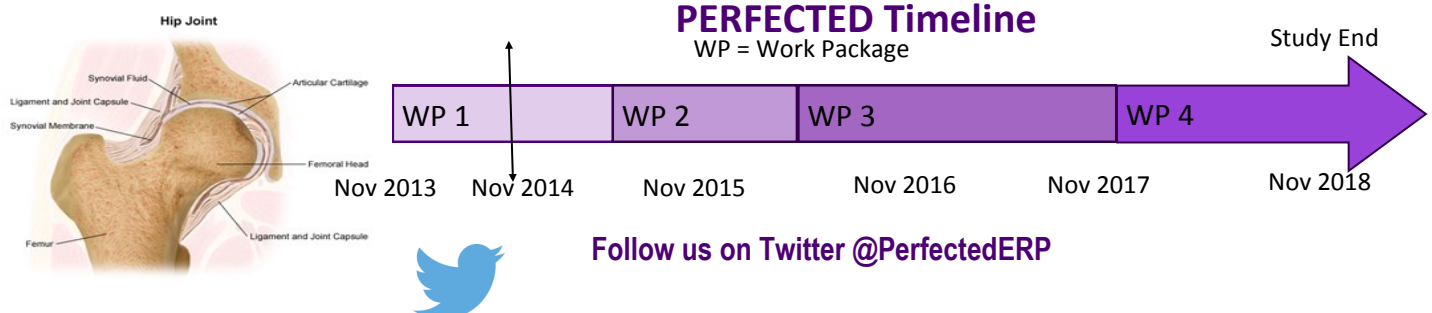
A big Thank You to Isla Dowds from the Bradford Hospital Study Site



Isla has been championing the PERFECTED Programme at the Bradford Royal Infirmary. A press release has been sent out asking for local people, who have been touched by dementia, to act as lay researchers and advisory members on the study. The reason for involving local people in the research is so their expertise, gained through their personal experiences, can shape the research programme.

Progress

- The International Telephone Survey is nearing completion. Many thanks to all who took part; we really appreciate your input. To date 37/40 have been undertaken.
- Service User Advisory Group Meetings have taken place in Norwich, Bradford and Nottingham. Members have discussed and commented on the draft protocol for Phase 4 of Work Package 1 (research involving interviews with recently discharged patients and the carers of discharged patients). The suggestions and ideas generated at the meetings are now being fed into the study design.
- From 2nd October we will be conducting observations in the acute ward environment and the Emergency Department of our first hospital site (NNUH). We are interested in the care provided to hip fracture patients.
- The FOI extracts are being reviewed and are due back by the 22nd October 2014. The interim findings are expected February 2015



Work experience student



During August, Sheffield Psychology undergraduate student, Emma Davies undertook a work placement with us. Here Emma reflects on her time:

“I have very much enjoyed my time working with PERFECTED and assisting with the day-to-day running of the research programme. It has given me a great insight into how research works in the real world and will help towards achieving my goal of becoming a Clinical Psychologist. Thank you to the PERFECTED Research Team!”

Would you like to get involved with the PERFECTED Study?

We are looking for patients and members of the public to assist us with our study in both research and advisory roles. Please visit our website for details of how you can become involved (www.perfected.ac.uk).

Team Introductions- This month we learn more about [Dr Nigel](#)



[Lambert](#): Senior Research Associate for the PERFECTED team based at UEA Norwich.

Nigel has a PhD in Biochemistry and for the first 14 years of his career was a senior scientist in Protein Chemistry working at Oxford University and the Institute of Food Research (IFR) at Norwich. He then opted to work part-time enabling him to train as a psychodynamic counsellor with Relate, for whom he worked for 8 years. He then joined and eventually managed the Consumer Sciences team at IFR exploring food choice using various qualitative and quantitative techniques. In 2006 Nigel set up his own research consultancy offering services to both the public and private sector. In 2012 he worked with the NHS Research Design Service at UEA before joining the PERFECTED team in 2013. Nigel has a particular interest in dementia as his father had vascular dementia. Outside of work Nigel has keen interests in American history, golf, philosophy and running.

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